



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
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Greenup County 4-H News



2022 Livestock
Exhibitors

Reminders

September 1st- New
4-H program year
begins!



**For More
Information**

Call- (606)836-0201

Email- presley.adkins@uky.edu

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

County Fair 2022

4-H Winners

Grand Champion Winners:

Market Lamb- Carleigh Marshall

Market Goat- Phoenix Stacy

Market Steer- Carleigh Marshall

Feeder Calf- Sierra Miller

Feeder Pig- Maggie Grayson

Market Hog- Ella Stone

Market Rabbit- Peyton Fox

Market Poultry- Olivia Crider

Reserve Champion Winners:

Market Lamb-Shepard Smith

Market Goat- Bradley Adkins

Market Steer- Sierra Miller

Feeder Calf- Shelly Prince

Feeder Pig- Bailie Miller

Market Hog- Charleigh Grayson

Market Rabbit- Paycen Arthur

Market Poultry- Micah Mullins

County Fair 2022

Livestock Judging Winners:

Senior

1st- Carter Stevens

Intermediate

1st- Tanner Stevens

2nd- Adrian Maynard

Clover

1st- Abbigail Howard, Brevin Pope &
Caroline Woods

2nd- Foxx Brown & Kolton Gustin

3rd- Briar Osborne

Cloverbud Participants

Aden Spencer

Anna Spencer

Ariel Wireman

Chevy Riley

County Fair 2022

Skill-A-Thon Winners:

Senior

1st- Allison Wireman

2nd- Alexis Jenkins

Intermediate

1st- Carleigh Marshall

2nd- Ella Stone

Clover

1st-Eva Wireman

Cloverbud Participants

Anola Wireman

Amelia Wireman

County Fair 2022

Livestock Judging & Skill-A-Thon

Overall Winners:

Senior

- 1st- Audrey Hall
- 2nd- Angelrae Bates
- 3rd- Raini Hall

Intermediate

- 1st- Phoenix Stacy
- 2nd- Connor Hall

Clover

- 1st- William Billups
- 2nd- Waylon Hall

Cloverbud Participants

Charlee McGinnis

County Fair 2022

Round Robin Winner
Brooklyn Greene

Livestock Sale Total! \$162,396.77

Farm to Table



4-H received \$14,791.52 from sponsorships and ticket sales for the Farm to Table Dinner.

Thank you to everyone who supported our youth!

EAT SMART TO PLAY HARD



KENTUCKY NUTRITION EDUCATION PROGRAM | YOUTH TOOLKIT

RECIPE NAME

Thor's Hammer Bites

CURRICULUM TOPIC

Dairy

SETTING REQUIREMENTS

Indoor or Outdoor

ESTIMATED TIME

Less than 30 minutes

AGE

Children and Youth

INGREDIENTS

- 4 mozzarella string cheese sticks
- 16 Mini Pretzel Sticks

DIRECTIONS

1. Cut each cheese stick into four equal rectangles.
2. Place a pretzel stick into the center of each rectangle.



Nutrition Facts

8 servings per container	
Serving size	2 Cheese Bites (15g)
Amount per serving	
Calories	45
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D —mcg	—%
Calcium 75mg	6%
Iron 0mg	0%
Potassium 3mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Source: Jeannie Najor, Program Coordinator, University of Kentucky Cooperative Extension Service

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